

Sambhav Report 2024-2025



Sambhav
BREAKING BARRIERS, BUILDING BRIDGES



CSR funding report as presented to Voltamp Ltd.



Sambhav is a youth initiative of AURA Education Trust

Executive Summary

Greetings,

The past year has been one of not only great progress, but also of many learnings, as we were able to take our vision and put it into action in various ways. Through our three primary verticals, we were able to directly touch more than **300 youth from various regions of Vadodara**.

Our standalone **Youth Adda** and **Conversational Circle** drew in a new audience of interested, curious members, with **171 youth** joining in over the course of **10 workshops**. This gave them a space for connection, self exploration, while also introducing them to the work we do, and the community we have created.

Subsequently, we did more **intensive work and deeper exploration with groups through our Level 1 Workshops**. The theme based, workshops in self leadership, social awareness, and interpersonal discovery were carried out with youth from organizations and educational institutions. We were able to conduct **7 workshops in total, reaching 126 youth**, allowing us a chance to connect with like-minded communities.

Finally, this year was special as we were able to launch **Sambhav Youth in Action (SYIA)**, our social entrepreneurship program, which invited youth groups to bring us an idea for a social impact project. Through provision of resources, mentorship, and a community-based platform, **11 youth groups**, comprising of **46 youth, have gone on to impact a total of more than 1800 beneficiaries** over the course of **6 months**. The culmination of this event is on April 26 which will be attended by parents, educationists, well wishers and youth.

This was a promising first chapter, and through our partnership, we look forward to nurture creative, compassionate young leaders for a hate-free peaceful world.

Feeling Grateful!

Team Sambhav



Yearlong Highlights

June 2024 - March 2025



SEP 2024 - NOV 2024

Youth Adda: Themes - Mindful Photography with Ami Gandhi; Personal Identity; Self-Expression; Self-Reflection

Workshops - 4

Total Participants - 64

SYIA: Project launch; implementation of projects;

Workshop 1

Theme: Introducing work of Self

Total Participants - 46

Workshop 2

Theme: Power and Privilege

Total Participants: 37



“मैं अपने लिए बहुत कुछ करना चाहती हूँ। इन वर्कशॉप के ज़रिये आत्मनिर्भर होने की प्रेरणा मिली है, ताकि मैं दूसरों पर निर्भर न रहूँ” - मीना, तरखंडा
(“I want to do a lot for myself. Through these workshops I got inspired to become independent, so that I don't depend on others” - Meena, Tarkhanda)

JUN 2024 - AUG 2024

Youth Adda: Themes-Emotional Expression & Creativity; Self-Discovery; Mindfulness; Social Change

Workshops - 4

Total participants - 78

Level 1: Group 1: Rural youth girls

Theme-Introductory session

Total participants: 18 girls

SYIA: Structure, promotion, webpage launch <https://auraplace.org/syia/>.

DEC 2024 - MAR 2025

Youth Adda: Themes: Open Mic Night;

Kahaniyo ka Karva

Workshops - 2

Total Participants - 29

SYIA: Projects in the final phase;

Workshop 3:

Theme: Iceberg Model (Feelings, Values, Needs)

Total Participants: 31

Workshop 4:

Theme: Introspection through feedback and bridging divide

Total Participants: 31

Level 1: Group 2: Urban youth girls

Workshop 1: Introductory Session

Workshop 2: Inner aspects of Self

Workshop 3: Empathy

Total Participants: 22

Group 3: Rural youth girls and boys

Workshop 1

Theme: Introductory session

Total Participants: 68

Group 4: Urban youth girls and boys

Workshop 1: Introductory session

Workshop 2: Inner aspects of Self

Total Participants: 18

Overview in Numbers



June 2024 - March 2025

Verticals	No. of Workshops	No. of participants (Total)
Youth Adda/ Conversation Circle	10 Workshops	171
Level 1	7 Workshops	126
SYIA	4 Workshops	46
Total Participants		343

More than

1800

beneficiaries impacted through Sambhav Youth in Action projects



Youth Adda Highlights

June 2024 - March 2025



JUN 2024 - AUG 2024

- Workshop 1: Emotional Expression & Creativity
- Workshop 2: Self-Discovery
- Workshop 3: Mindfulness
- Workshop 4: Social Change

• Total participants - 78



SEP 2024 - NOV 2024

- Workshop 1: Mindful Photography with Ami Gandhi
- Workshop 2: Personal Identity
- Workshop 3: Self-Expression
- Workshop 4: Self-Reflection

Total participants - 64



“Every time when I come to youth adda there’s always something new, sometimes its about expressing yourself through art, sometimes its about conversations, its different every time and this is what keeps me hooked to this place” - Akshit

DEC 2024 - FEB 2025

- Workshop 1: Open Mic Night
- Workshop 2: *Kahaniyo ka Karva*

Total Participants - 29

No. of Workshops	No. of participants (Total)
10 Workshops	171

Level 1 Highlights

July 2024 - March 2025



DEC 2024 - MAR 2025

Group 2: Urban girls
Workshop 1: Introductory Session
Workshop 2: Inner aspects of Self
Workshop 3: Empathy
Total Participants - 22

Group 3: Rural girls and boys
Workshop 1: Introductory session
Total Participants - 68

Group: 4 Urban girls and boys
Workshop 1: Introductory session
Workshop 2: Inner aspects of Self
Total Participants - 18

No. of Workshops	No. of participants (Total)
7 Workshops	126

JULY 2024

- **Group 1: Rural girls**
- **Workshop 1: Introductory Session**
- **Total Participants - 18**



"After attending these sessions, I feel much better about myself. Im more kind to myself now. Since the first session I have been reflecting upon everything that we discuss here. I feel more confident now" -Kirti



Sambhav Youth in Action (SYIA) Highlights



June 2024 - March 2025



SEP 2024 - NOV 2024

First round of inhouse project presentations; Finalized mentors and panelists; Organized panel selection process at Yuvalaya

Workshop 1

Theme: Introducing work of Self
Total Participants - 46

Workshop 2

Theme: Power and Privilege
Total Participants: 37

“Sambhav Youth in Action changed me more than college did. I learned to reflect, understand myself, and become self-aware I've gained the confidence to take initiative” - Veeren

No. of Workshops	No. of SYIA participants (Total)
4 Workshops	46

JUN 2024 - AUG 2024

- Creation of structure and framework,
- Design and development for visibility;
- implemented various ideas to
- promotion on social media

- Open house - space for one on one dialogue

Total Participants - 11

Workshop 1

Theme: Introducing SYIA

Total Participants - 17

- Released the teaser and the final advert
- Webpage launch
- <https://auraplace.org/syia/>

DEC 2024 - MAR 2025

- Ongoing meetings of participants with assigned supervisors and mentors
- Participants connected with their audience and put the plans into action
- SYIA: Projects in the final phase;

Workshop 3:

Theme: Iceberg Model (Feelings, Values, Needs)

Total Participants: 31

Workshop 4:

Theme: Introspection through feedback and bridging divide

Total Participants: 31

Sambhav Youth in Action (SYIA)

11 Projects, 46 participants, more than 1700 beneficiaries



Goal - Sports for underprivileged children



Karigari - Emotional wellbeing for seniors through games and crafts



Empower Through Essentials - Hygiene support for underprivileged



Silent Crisis - Emotional support for orphans through different activities



Advitya - Cleanliness awareness for underprivileged



Surakshit Bachpan - Building awareness about good and bad touch

Testimonials

We gathered feedback from the participants post Sambhav sessions. Here are few voices;



“After attending these sessions, I feel much better about myself. I'm more kind to myself now. Since the first session I have been reflecting upon everything that we discuss here. I feel more confident now” -Kirti

“यह हमारे लिए एक अलग अनुभव था, दूसरों के साथ बातचीत करते समय अधिक आत्मविश्वास महसूस हुआ।” - योगेश

*It was a different experience for us, felt more confident while interacting with others”
-Yogesh*



“The session was well designed and the prompts and questions given helped me a lot. It allowed me to dwell deeper into you know my inner world and I feel connected with the important things in my life, my values.

*I am going back with a lot of things”
-Yash*



Testimonials

We gathered feedback from the participants post Sambhav sessions. Here are few voices;

“What I realized today is that taking risks is necessary. Even when you don't find success in the first go, you're still moving ahead. If you don't risk anything, you stay in the same place”
-Krish SYIA Participant



“This experience taught me accepting setbacks and failures, and using them as opportunities for growth. On a deeper level, I connected with myself in a way I hadn't before. It was challenging for me to work with children but through my project my perspective has been entirely transformed.”
-Rishita SYIA Participant

“Sambhav Youth in Action is a whole journey, with every turn there is a new learning, the concepts that we were introduced to in the session were very unique it helped us understand ourselves better and think more on a deeper level”
- Jatin SYIA Participant

